ROV dag5: Session: 1: COACH evaluation sheet for TEAM: ZNA

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Van Pelt Marie

Coaches: Kindt Joachim HEADCOACH

Coaches: Bogaert Ciaran

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 100M FREESTYLE WOMEN 11+ Heat:5, starttime: 14:17

Heat: 5/14 Lane : 7 Athlete: HUYLEBROECK TELMA **Q-time: 01:28:12**

PB (25m pool): 01:30.47 Zottegem 09/03/2025 **PB (50m pool):** 01:28.12 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:42.98		01:30.47	
		00:42.98		*00:47.49*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M FREESTYLE WOMEN 11+ Heat:6, starttime: 14:19

Heat: 6/14 Lane : 1 Athlete: VAN CALENBERGH LENA **Q-time: 01:25:32**

PB (25m pool): 01:36.36 Zottegem 09/03/2025 **PB (50m pool):** 01:25.32 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:45.36		01:36.36	
		00:45.36		*00:51.00*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M FREESTYLE WOMEN 11+ Heat:6, starttime: 14:19

Heat: 6/14 Lane : 3 Athlete: VAN LAETHEM MILA **Q-time: 01:24:56**

PB (25m pool): 01:29.76 Sint-Niklaas 11/01/2026 **PB (50m pool):** 01:24.56 **SB:** 01:29.76 Sint-Niklaas 11/01/2026

	25 M	50 M	75 M	100 M	
PB		00:42.03		01:29.76	
		00:42.03		*00:47.73*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: ZNA

Event number: 2: 100M FREESTYLE WOMEN 11+ — Heat:6, starttime: 14:19

Heat: 6/14 Lane : 5 Athlete: DUYTSCHAEVER LOTTE — **Q-time: 01:24:24**

PB (25m pool): 01:43.38 Temse 18/02/2024 **PB (50m pool):** 01:24.24 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:43.38	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M FREESTYLE WOMEN 11+ — Heat:7, starttime: 14:21

Heat: 7/14 Lane : 2 Athlete: DE ZWAEF EMMA — **Q-time: 01:22:38**

PB (25m pool): 01:32.81 Zottegem 09/03/2025 **PB (50m pool):** 01:22.38 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:44.09		01:32.81	
		00:44.09		*00:48.72*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M FREESTYLE WOMEN 11+ — Heat:7, starttime: 14:21

Heat: 7/14 Lane : 7 Athlete: VELLEMANS LORE — **Q-time: 01:22:90**

PB (25m pool): 01:22.90 Sint-Niklaas 11/01/2026 **PB (50m pool):** 01:27.27 **SB:** 01:22.90 Sint-Niklaas 11/01/2026

	25 M	50 M	75 M	100 M	
PB		00:40.75		01:22.90	
		00:40.75		*00:42.15*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M FREESTYLE WOMEN 11+ — Heat:7, starttime: 14:21

Heat: 7/14 Lane : 8 Athlete: VAN AUDENHOVE LAURE — **Q-time: 01:23:37**

PB (25m pool): 01:24.72 Zottegem 09/03/2025 **PB (50m pool):** 01:23.37 **SB:** 01:29.36 Sint-Niklaas 11/01/2026

	25 M	50 M	75 M	100 M	
PB		00:39.01		01:24.72	
		00:39.01		*00:45.71*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: ZNA

Event number: 2: 100M FREESTYLE WOMEN 11+ — Heat:9, starttime: 14:25

Heat: 9/14 Lane : 2 Athlete: BADIDI CHAHD — **Q-time: 01:15:66**

PB (25m pool): 01:15.66 Sint-Niklaas 11/01/2026 — **PB (50m pool):** 01:16.08 **SB:** 01:15.66 Sint-Niklaas 11/01/2026

	25 M	50 M	75 M	100 M	
PB		00:36.66		01:15.66	
		00:36.66		*00:39.00*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M FREESTYLE WOMEN 11+ — Heat:9, starttime: 14:25

Heat: 9/14 Lane : 3 Athlete: JACOB EMMA — **Q-time: 01:15:47**

PB (25m pool): 01:15.25 Eeklo 06/04/2026 — **PB (50m pool):** 01:15.47 **SB:** 01:15.25 Eeklo 06/04/2026

	25 M	50 M	75 M	100 M	
PB		00:36.35		01:15.25	
		00:36.35		*00:38.90*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M FREESTYLE WOMEN 11+ — Heat:10, starttime: 14:27

Heat: 10/14 Lane : 4 Athlete: DENEEF ELLA — **Q-time: 01:13:58**

PB (25m pool): 01:21.70 Zottegem 09/03/2025 — **PB (50m pool):** 01:13.58 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:39.73		01:21.70	
		00:39.73		*00:41.97*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M FREESTYLE WOMEN 11+ — Heat:11, starttime: 14:29

Heat: 11/14 Lane : 5 Athlete: VAN NIEUWENHUYSE LOTTE — **Q-time: 01:12:30**

PB (25m pool): 01:15.47 Sint-Amandsberg 19/10/2025 — **PB (50m pool):** 01:12.30 **SB:** 01:15.47 Sint-Amandsberg 19/10/2025

	25 M	50 M	75 M	100 M	
PB		00:35.83		01:15.47	
		00:35.83		*00:39.64*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: ZNA

Event number: 2: 100M FREESTYLE WOMEN 11+ — Heat:12, starttime: 14:30

Heat: 12/14 Lane : 3 Athlete: OSSELAER KATO — **Q-time: 01:10:90**

PB (25m pool): 01:10.90 Zottegem 09/03/2025 — **PB (50m pool):** 01:12.07 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:34.06		01:10.90	
		00:34.06		*00:36.84*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M FREESTYLE WOMEN 11+ — Heat:13, starttime: 14:32

Heat: 13/14 Lane : 2 Athlete: REYCHLER JINNE — **Q-time: 01:08:73**

PB (25m pool): 01:08.73 Eeklo 21/04/2025 — **PB (50m pool):** 01:12.32 **SB:** 01:11.21 Sint-Niklaas 11/01/2026

	25 M	50 M	75 M	100 M	
PB		00:32.47		01:08.73	
		00:32.47		*00:36.26*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M FREESTYLE WOMEN 11+ — Heat:13, starttime: 14:32

Heat: 13/14 Lane : 3 Athlete: HOEBEECK TINNE — **Q-time: 01:07:84**

PB (25m pool): 01:07.84 Sint-Niklaas 11/01/2026 — **PB (50m pool):** 01:09.61 **SB:** 01:07.84 Sint-Niklaas 11/01/2026

	25 M	50 M	75 M	100 M	
PB		00:32.98		01:07.84	
		00:32.98		*00:34.86*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 2: 100M FREESTYLE WOMEN 11+ — Heat:14, starttime: 14:34

Heat: 14/14 Lane : 1 Athlete: DE TROYER ELISE — **Q-time: 01:07:26**

PB (25m pool): 01:07.26 Sint-Niklaas 11/01/2026 — **PB (50m pool):** 01:07.71 **SB:** 01:07.26 Sint-Niklaas 11/01/2026

	25 M	50 M	75 M	100 M	
PB		00:32.30		01:07.26	
		00:32.30		*00:34.96*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: ZNA

Event number: 3: 100M FREESTYLE MEN 11+ Heat:5, starttime: 14:44

Heat: 5/11 Lane : 1 Athlete: BUELENS RUUD **Q-time: 01:20:86**

PB (25m pool): 01:32.16 Temse 18/02/2024 **PB (50m pool):** 01:20.86 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:32.16	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M FREESTYLE MEN 11+ Heat:5, starttime: 14:44

Heat: 5/11 Lane : 2 Athlete: VAN CALENBERGH NATHAN **Q-time: 01:19:11**

PB (25m pool): 01:19.11 Sint-Niklaas 11/01/2026 **PB (50m pool):** 01:20.06 **SB:** 01:19.11 Sint-Niklaas 11/01/2026

	25 M	50 M	75 M	100 M	
PB		00:39.21		01:19.11	
		00:39.21		*00:39.90*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M FREESTYLE MEN 11+ Heat:5, starttime: 14:44

Heat: 5/11 Lane : 6 Athlete: VERHAEVERT FEN **Q-time: 01:18:98**

PB (25m pool): 01:18.98 Sint-Niklaas 11/01/2026 **PB (50m pool):** 01:20.85 **SB:** 01:18.98 Sint-Niklaas 11/01/2026

	25 M	50 M	75 M	100 M	
PB		00:39.52		01:18.98	
		00:39.52		*00:39.46*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M FREESTYLE MEN 11+ Heat:5, starttime: 14:44

Heat: 5/11 Lane : 7 Athlete: DE RIDDER LEON **Q-time: 01:19:54**

PB (25m pool): 01:18.03 Eeklo 06/04/2026 **PB (50m pool):** 01:20.65 **SB:** 01:18.03 Eeklo 06/04/2026

	25 M	50 M	75 M	100 M	
PB		00:36.88		01:18.03	
		00:36.88		*00:41.15*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: ZNA

Event number: 3: 100M FREESTYLE MEN 11+ — Heat:6, starttime: 14:46

Heat: 6/11 Lane : 1 Athlete: DE DONDER THOR — **Q-time: 01:16:45**

PB (25m pool): 01:16.45 Sint-Amandsberg 19/10/2025 **PB (50m pool):** 01:16.66 **SB:** 01:16.45 Sint-Amandsberg 19/10/2025

	25 M	50 M	75 M	100 M	
PB		00:36.82		01:16.45	
		00:36.82		*00:39.63*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M FREESTYLE MEN 11+ — Heat:6, starttime: 14:46

Heat: 6/11 Lane : 3 Athlete: DEBOLLE KYAN — **Q-time: 01:13:65**

PB (25m pool): no time **PB (50m pool):** 01:13.65 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M FREESTYLE MEN 11+ — Heat:7, starttime: 14:48

Heat: 7/11 Lane : 3 Athlete: WALTNIEL BAVO — **Q-time: 01:09:85**

PB (25m pool): 01:09.85 Sint-Amandsberg 19/10/2025 **PB (50m pool):** 01:13.12 **SB:** 01:09.85 Sint-Amandsberg 19/10/2025

	25 M	50 M	75 M	100 M	
PB		00:33.85		01:09.85	
		00:33.85		*00:36.00*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M FREESTYLE MEN 11+ — Heat:8, starttime: 14:49

Heat: 8/11 Lane : 1 Athlete: BLONDEEL NILS — **Q-time: 01:09:19**

PB (25m pool): 01:10.18 Sint-Niklaas 11/01/2026 **PB (50m pool):** 01:09.19 **SB:** 01:10.18 Sint-Niklaas 11/01/2026

	25 M	50 M	75 M	100 M	
PB		00:34.98		01:10.18	
		00:34.98		*00:35.20*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: ZNA

Event number: 3: 100M FREESTYLE MEN 11+ — Heat:8, starttime: 14:49

Heat: 8/11 Lane : 2 Athlete: TER-EGANYAN ARMAN — **Q-time: 01:07:10**

PB (25m pool): 01:09.93 Sint-Amandsberg 19/10/2025 **PB (50m pool):** 01:07.10 **SB:** 01:09.93 Sint-Amandsberg 19/10/2025

	25 M	50 M	75 M	100 M	
PB		00:32.98		01:09.93	
		00:32.98		*00:36.95*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M FREESTYLE MEN 11+ — Heat:9, starttime: 14:51

Heat: 9/11 Lane : 5 Athlete: STASSIJNS NAND — **Q-time: 01:03:07**

PB (25m pool): 01:03.07 T ROSCO 12/10/2025 **PB (50m pool):** 01:03.28 **SB:** 01:03.07 T ROSCO 12/10/2025

	25 M	50 M	75 M	100 M	
PB		00:30.67		01:03.07	
		00:30.67		*00:32.40*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M FREESTYLE MEN 11+ — Heat:9, starttime: 14:51

Heat: 9/11 Lane : 6 Athlete: OSSELAER ELANO — **Q-time: 01:03:30**

PB (25m pool): 01:02.83 Eeklo 06/04/2026 **PB (50m pool):** 01:03.30 **SB:** 01:02.83 Eeklo 06/04/2026

	25 M	50 M	75 M	100 M	
PB		00:30.06		01:02.83	
		00:30.06		*00:32.77*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M FREESTYLE MEN 11+ — Heat:10, starttime: 14:53

Heat: 10/11 Lane : 1 Athlete: WALTNIEL NAND — **Q-time: 01:02:51**

PB (25m pool): 01:02.51 Dendermonde 22/11/2025 **PB (50m pool):** 01:10.76 **SB:** 01:02.51 Dendermonde 22/11/2025

	25 M	50 M	75 M	100 M	
PB		00:29.20		01:02.51	
		00:29.20		*00:33.31*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: ZNA

Event number: 3: 100M FREESTYLE MEN 11+ — Heat:10, starttime: 14:53

Heat: 10/11 Lane : 5 Athlete: VERHAEVERT NAN — **Q-time: 01:00:76**

PB (25m pool): 00:59.78 Eeklo 06/04/2026 **PB (50m pool):** 01:00.76 **SB:** 00:59.78 Eeklo 06/04/2026

	25M	50M	75M	100M	
PB		00:28.48		00:59.78	
		00:28.48		*00:31.30*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M FREESTYLE MEN 11+ — Heat:11, starttime: 14:54

Heat: 11/11 Lane : 7 Athlete: VIDTS BRECHT — **Q-time: 00:58:54**

PB (25m pool): 00:57.53 T ROSCO 20/10/2024 **PB (50m pool):** 00:58.54 **SB:** no time

	25M	50M	75M	100M	
PB		00:27.62		00:57.53	
		00:27.62		*00:29.91*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 400M MEDLEY WOMEN 11+ — Heat:1, starttime: 14:56

Heat: 1/4 Lane : 4 Athlete: DE SMET LILY — **Q-time: 99:99:99**

PB (25m pool): 06:12.61 Ronse 17/03/2024 **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		no time		no time		no time
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		no time		no time		no time		06:12.61
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: ZNA

Event number: 4: 400M MEDLEY WOMEN 11+ Heat:2, starttime: 15:04

Heat: 2/4 Lane : 7 Athlete: LEGRAND ALICIA **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		no time		no time		no time
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		no time		no time		no time		no time
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 4: 400M MEDLEY WOMEN 11+ Heat:3, starttime: 15:11

Heat: 3/4 Lane : 2 Athlete: OSSELAER GEIKE **Q-time: 99:99:99**

PB (25m pool): 06:49.00 Ronse 17/03/2024 **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		no time		no time		no time
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		no time		no time		no time		06:49.00
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 4: 400M MEDLEY WOMEN 11+ Heat:3, starttime: 15:11

Heat: 3/4 Lane : 3 Athlete: VAN DORPE ADA **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		no time		no time		no time
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		no time		no time		no time		no time
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: ZNA

Event number: 4: 400M MEDLEY WOMEN 11+ **Heat:4, starttime: 15:19**

Heat: 4/4 Lane : 1 Athlete: DE GROOTE LIESL **Q-time: 06:12:55**

PB (25m pool): 06:12.55 Zottegem 09/03/2025 **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		01:23.21		no time		no time
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		no time		no time		no time		06:12.55
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 4: 400M MEDLEY WOMEN 11+ **Heat:4, starttime: 15:19**

Heat: 4/4 Lane : 5 Athlete: BAYENS NINA **Q-time: 05:56:98**

PB (25m pool): 05:56.98 Zottegem 09/03/2025 **PB (50m pool):** 06:08.97 **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		01:21.81		no time		no time
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		no time		no time		no time		05:56.98
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 4: 400M MEDLEY WOMEN 11+ **Heat:4, starttime: 15:19**

Heat: 4/4 Lane : 6 Athlete: BULLEN LOTTE **Q-time: 05:58:35**

PB (25m pool): 05:58.62 Zottegem 09/03/2025 **PB (50m pool):** 05:58.35 **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		01:27.26		no time		no time
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		no time		no time		no time		05:58.62
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: ZNA

Event number: 5: 400M MEDLEY MEN 11+ **Heat:1, starttime: 15:26**

Heat: 1/4 Lane : 5 Athlete: DE DONDER THOR **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		no time		no time		no time		no time
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 5: 400M MEDLEY MEN 11+ **Heat:3, starttime: 15:42**

Heat: 3/4 Lane : 1 Athlete: WOJCIULA TYMON **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		no time		no time		no time		no time
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 5: 400M MEDLEY MEN 11+ **Heat:3, starttime: 15:42**

Heat: 3/4 Lane : 3 Athlete: STASSIJNS NAND **Q-time: 06:07:90**

PB (25m pool): 06:07.90 Zottegem 09/03/2025 **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		01:28.21		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		no time		no time		no time		06:07.90
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: ZNA

Event number: 5: 400M MEDLEY MEN 11+ **Heat:3, starttime: 15:42**

Heat: 3/4 Lane : 7 Athlete: DEBOLLE KYAN **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		no time		no time		no time		no time
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 5: 400M MEDLEY MEN 11+ **Heat:3, starttime: 15:42**

Heat: 3/4 Lane : 8 Athlete: BOMBEECK MATHIAS **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		no time		no time		no time		no time
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 5: 400M MEDLEY MEN 11+ **Heat:4, starttime: 15:50**

Heat: 4/4 Lane : 5 Athlete: CAUDRON XIBE **Q-time: 05:12:20**

PB (25m pool): no time **PB (50m pool):** 05:12.20 **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		no time		no time		no time		no time
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: ZNA

Event number: 5: 400M MEDLEY MEN 11+ — Heat:4, starttime: 15:50

Heat: 4/4 Lane : 7 Athlete: VERHAEVERT NAN — **Q-time: 05:45:34**

PB (25m pool): 05:45.34 Zottegem 09/03/2025 **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		01:20.68		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

	225M	250M	275M	300	325	350	375	400M
PB		no time		no time		no time		05:45.34
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 7: 200M BREASTSTROKE WOMEN 11+ — Heat:4, starttime: 16:14

Heat: 4/8 Lane : 1 Athlete: VAN LAETHEM MILA — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 7: 200M BREASTSTROKE WOMEN 11+ — Heat:4, starttime: 16:14

Heat: 4/8 Lane : 8 Athlete: DE ZWAEF EMMA — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: ZNA

Event number: 7: 200M BREASTSTROKE WOMEN 11+ — Heat:5, starttime: 16:19

Heat: 5/8 Lane : 3 Athlete: DENEEF ELLA — **Q-time: 03:53:81**

PB (25m pool): 03:53.81 Zottegem 09/03/2025 **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:52.94		01:53.28		no time		03:53.81
		00:52.94		*01:00.34*				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 7: 200M BREASTSTROKE WOMEN 11+ — Heat:5, starttime: 16:19

Heat: 5/8 Lane : 4 Athlete: VELLEMANS LORE — **Q-time: 03:49:64**

PB (25m pool): 03:49.64 Zottegem 09/03/2025 **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:52.60		01:51.53		no time		03:49.64
		00:52.60		*00:58.93*				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 7: 200M BREASTSTROKE WOMEN 11+ — Heat:6, starttime: 16:24

Heat: 6/8 Lane : 3 Athlete: HUYLEBROECK TELMA — **Q-time: 03:34:34**

PB (25m pool): no time **PB (50m pool):** 03:34.34 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		no time
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 7: 200M BREASTSTROKE WOMEN 11+ — Heat:8, starttime: 16:32

Heat: 8/8 Lane : 4 Athlete: REYCHLER JINNE — **Q-time: 02:59:92**

PB (25m pool): 02:59.92 Eeklo 21/04/2025 **PB (50m pool):** 03:04.26 **SB:** 03:02.29 T ROSCO 12/10/2025

	25M	50M	75M	100	125	150	175	200M
PB		00:40.32		01:25.91		no time		02:59.92
		00:40.32		*00:45.59*				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: ZNA

Event number: 7: 200M BREASTSTROKE WOMEN 11+ — Heat:8, starttime: 16:32

Heat: 8/8 Lane : 5 Athlete: OSSELAER GEIKE — **Q-time: 03:09:77**

PB (25m pool): 03:09.77 Temse 17/11/2025 **PB (50m pool):** 03:14.10 **SB:** 03:09.77 Temse 17/11/2025

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:43.18		01:31.44		02:20.84		03:09.77
		00:43.18		*00:48.26*		*00:49.40*		*00:48.93*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 8: 200M BREASTSTROKE MEN 11+ — Heat:1, starttime: 16:36

Heat: 1/7 Lane : 2 Athlete: BLONDEEL NILS — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		no time		no time		no time		no time
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 8: 200M BREASTSTROKE MEN 11+ — Heat:6, starttime: 16:59

Heat: 6/7 Lane : 3 Athlete: VERNAILLEN SEPPE — **Q-time: 03:18:92**

PB (25m pool): 03:18.92 Zottegem 09/03/2025 **PB (50m pool):** 04:02.31 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:44.69		01:36.32		no time		03:18.92
		00:44.69		*00:51.63*				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 8: 200M BREASTSTROKE MEN 11+ — Heat:6, starttime: 16:59

Heat: 6/7 Lane : 7 Athlete: BOMBEECK MATHIAS — **Q-time: 03:22:19**

PB (25m pool): no time **PB (50m pool):** 03:22.19 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		no time		no time		no time		no time
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: ZNA

Event number: 9: 50M BUTTERFLY WOMEN 11+ Heat:4, starttime: 17:12

Heat: 4/12 Lane : 6 Athlete: VAN LAETHEM MILA **Q-time: 00:49:79**

PB (25m pool): no time **PB (50m pool):** 00:49.79 **SB:** no time

	25 M	50 M	
PB		no time	
		no time	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 50M BUTTERFLY WOMEN 11+ Heat:4, starttime: 17:12

Heat: 4/12 Lane : 7 Athlete: VAN CALENBERGH LENA **Q-time: 00:52:89**

PB (25m pool): no time **PB (50m pool):** 00:52.89 **SB:** no time

	25 M	50 M	
PB		no time	
		no time	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 50M BUTTERFLY WOMEN 11+ Heat:5, starttime: 17:14

Heat: 5/12 Lane : 2 Athlete: DE ZWAEF EMMA **Q-time: 00:45:87**

PB (25m pool): 00:49.28 Sinbad 05/10/2025 **PB (50m pool):** 00:45.87 **SB:** 00:49.28 Sinbad 05/10/2025

	25 M	50 M	
PB		00:49.28	
		00:49.28	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 50M BUTTERFLY WOMEN 11+ Heat:5, starttime: 17:14

Heat: 5/12 Lane : 8 Athlete: DUYTSCHAEVER LOTTE **Q-time: 00:47:50**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	
PB		no time	
		no time	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: ZNA

Event number: 9: 50M BUTTERFLY WOMEN 11+ **Heat:6, starttime: 17:15**

Heat: 6/12 Lane : 2 Athlete: BADIDI CHAHD **Q-time: 00:44:17**

PB (25m pool): 00:44.67 Zottegem 09/03/2025 **PB (50m pool):** 00:44.17 **SB:** no time

	25 M	50 M	
PB		00:44.67	
	00:44.67		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 50M BUTTERFLY WOMEN 11+ **Heat:6, starttime: 17:15**

Heat: 6/12 Lane : 6 Athlete: VAN AUDENHOVE LAURE **Q-time: 00:43:78**

PB (25m pool): 00:45.08 Zottegem 09/03/2025 **PB (50m pool):** 00:43.78 **SB:** no time

	25 M	50 M	
PB		00:45.08	
	00:45.08		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 50M BUTTERFLY WOMEN 11+ **Heat:6, starttime: 17:15**

Heat: 6/12 Lane : 7 Athlete: HUYLEBROECK TELMA **Q-time: 00:44:24**

PB (25m pool): 00:46.15 Sinbad 05/10/2025 **PB (50m pool):** 00:44.24 **SB:** 00:46.15 Sinbad 05/10/2025

	25 M	50 M	
PB		00:46.15	
	00:46.15		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 50M BUTTERFLY WOMEN 11+ **Heat:7, starttime: 17:16**

Heat: 7/12 Lane : 1 Athlete: JACOB EMMA **Q-time: 00:42:80**

PB (25m pool): 00:46.09 Sinbad 05/10/2025 **PB (50m pool):** 00:42.80 **SB:** 00:46.09 Sinbad 05/10/2025

	25 M	50 M	
PB		00:46.09	
	00:46.09		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: ZNA

Event number: 9: 50M BUTTERFLY WOMEN 11+ — Heat:7, starttime: 17:16

Heat: 7/12 Lane : 6 Athlete: VAN NIEUWENHUYSE LOTTE — **Q-time: 00:42:36**

PB (25m pool): 00:42.36 Dendermonde. 22/11/2025 **PB (50m pool):** 00:42.79 **SB:** 00:42.36 Dendermonde. 22/11/2025

	2 5 M	5 0 M	
PB		00:42.36	
		00:42.36	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 50M BUTTERFLY WOMEN 11+ — Heat:8, starttime: 17:18

Heat: 8/12 Lane : 7 Athlete: OSSELAER KATO — **Q-time: 00:40:37**

PB (25m pool): 00:40.37 Dendermonde. 22/11/2025 **PB (50m pool):** 00:41.87 **SB:** 00:40.37 Dendermonde. 22/11/2025

	2 5 M	5 0 M	
PB		00:40.37	
		00:40.37	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 50M BUTTERFLY WOMEN 11+ — Heat:10, starttime: 17:20

Heat: 10/12 Lane : 1 Athlete: LEGRAND ALICIA — **Q-time: 00:36:62**

PB (25m pool): 00:36.85 Temse 17/11/2025 **PB (50m pool):** 00:36.62 **SB:** 00:36.85 Temse 17/11/2025

	2 5 M	5 0 M	
PB		00:36.85	
		00:36.85	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 50M BUTTERFLY WOMEN 11+ — Heat:10, starttime: 17:20

Heat: 10/12 Lane : 2 Athlete: HOEBEECK TINNE — **Q-time: 00:36:43**

PB (25m pool): 00:36.96 Ronse 17/03/2024 **PB (50m pool):** 00:36.43 **SB:** no time

	2 5 M	5 0 M	
PB		00:36.96	
		00:36.96	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: ZNA

Event number: 9: 50M BUTTERFLY WOMEN 11+ Heat:10, starttime: 17:20

Heat: 10/12 Lane : 7 Athlete: VAN DORPE ADA **Q-time: 00:36:47**

PB (25m pool): 00:37.33 Dendermonde. 22/11/2025 **PB (50m pool):** 00:36.47 **SB:** 00:37.33 Dendermonde. 22/11/2025

	2 5 M	5 0 M	
PB		00:37.33	
		00:37.33	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 50M BUTTERFLY WOMEN 11+ Heat:11, starttime: 17:21

Heat: 11/12 Lane : 7 Athlete: REYCHLER JINNE **Q-time: 00:35:45**

PB (25m pool): 00:35.45 Zottegem 09/03/2025 **PB (50m pool):** 00:35.75 **SB:** 00:35.71 Dendermonde. 22/11/2025

	2 5 M	5 0 M	
PB		00:35.45	
		00:35.45	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 50M BUTTERFLY WOMEN 11+ Heat:12, starttime: 17:22

Heat: 12/12 Lane : 5 Athlete: DE GROOTE LIESL **Q-time: 00:33:08**

PB (25m pool): 00:33.95 Zottegem 09/03/2025 **PB (50m pool):** 00:33.08 **SB:** 00:34.96 Dendermonde. 22/11/2025

	2 5 M	5 0 M	
PB		00:33.95	
		00:33.95	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 50M BUTTERFLY WOMEN 11+ Heat:12, starttime: 17:22

Heat: 12/12 Lane : 6 Athlete: DE TROYER ELISE **Q-time: 00:33:81**

PB (25m pool): 00:34.35 Diksmuide 19/11/2023 **PB (50m pool):** 00:33.81 **SB:** 00:35.09 Dendermonde. 22/11/2025

	2 5 M	5 0 M	
PB		00:34.35	
		00:34.35	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: ZNA

Event number: 10: 50M BUTTERFLY MEN 11+ Heat:4, starttime: 17:29

Heat: 4/9 Lane : 6 Athlete: VAN CALENBERGH NATHAN **Q-time: 00:47:40**

PB (25m pool): 00:47.40 Lokeren 28/09/2025 **PB (50m pool):** no time **SB:** 00:47.40 Lokeren 28/09/2025

	2 5 M	5 0 M	
PB		00:47.40	
		00:47.40	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 50M BUTTERFLY MEN 11+ Heat:5, starttime: 17:31

Heat: 5/9 Lane : 2 Athlete: DE RIDDER LEON **Q-time: 00:42:62**

PB (25m pool): 00:43.50 Zottegem 09/03/2025 **PB (50m pool):** 00:42.62 **SB:** 00:44.19 Dendermonde. 22/11/2025

	2 5 M	5 0 M	
PB		00:43.50	
		00:43.50	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 50M BUTTERFLY MEN 11+ Heat:5, starttime: 17:31

Heat: 5/9 Lane : 5 Athlete: VERHAEVERT FEN **Q-time: 00:40:11**

PB (25m pool): 00:40.11 Sinbad 05/10/2025 **PB (50m pool):** 00:40.65 **SB:** 00:40.11 Sinbad 05/10/2025

	2 5 M	5 0 M	
PB		00:40.11	
		00:40.11	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 50M BUTTERFLY MEN 11+ Heat:5, starttime: 17:31

Heat: 5/9 Lane : 6 Athlete: BUELENS RUUD **Q-time: 00:41:53**

PB (25m pool): 00:41.53 Sinbad 05/10/2025 **PB (50m pool):** 00:43.56 **SB:** 00:41.53 Sinbad 05/10/2025

	2 5 M	5 0 M	
PB		00:41.53	
		00:41.53	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: ZNA

Event number: 10: 50M BUTTERFLY MEN 11+ Heat:6, starttime: 17:32

Heat: 6/9 Lane : 1 Athlete: DE DONDER THOR **Q-time: 00:37:14**

PB (25m pool): 00:39.35 Dendermonde. 22/11/2025 **PB (50m pool):** 00:37.14 **SB:** 00:39.35 Dendermonde. 22/11/2025

	2 5 M	5 0 M	
PB		00:39.35	
		00:39.35	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 50M BUTTERFLY MEN 11+ Heat:7, starttime: 17:33

Heat: 7/9 Lane : 3 Athlete: TER-EGANYAN ARMAN **Q-time: 00:34:09**

PB (25m pool): 00:35.99 Dendermonde. 22/11/2025 **PB (50m pool):** 00:34.09 **SB:** 00:35.99 Dendermonde. 22/11/2025

	2 5 M	5 0 M	
PB		00:35.99	
		00:35.99	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 50M BUTTERFLY MEN 11+ Heat:7, starttime: 17:33

Heat: 7/9 Lane : 5 Athlete: WALTNIEL BAVO **Q-time: 00:33:97**

PB (25m pool): 00:35.12 Temse 17/11/2025 **PB (50m pool):** 00:33.97 **SB:** 00:35.12 Temse 17/11/2025

	2 5 M	5 0 M	
PB		00:35.12	
		00:35.12	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 50M BUTTERFLY MEN 11+ Heat:8, starttime: 17:34

Heat: 8/9 Lane : 2 Athlete: OSSELAER ELANO **Q-time: 00:32:65**

PB (25m pool): 00:35.21 Sinbad 22/07/2025 **PB (50m pool):** 00:32.65 **SB:** 00:35.69 Dendermonde. 22/11/2025

	2 5 M	5 0 M	
PB		00:35.21	
		00:35.21	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: ZNA

Event number: 10: 50M BUTTERFLY MEN 11+ — Heat:8, starttime: 17:34

Heat: 8/9 Lane : 8 Athlete: STASSIJNS NAND — **Q-time: 00:33:76**

PB (25m pool): 00:33.89 Dendermonde. 22/11/2025 **PB (50m pool):** 00:33.76 **SB:** 00:33.89 Dendermonde. 22/11/2025

	25 M	50 M	
PB		00:33.89	
		00:33.89	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 50M BUTTERFLY MEN 11+ — Heat:9, starttime: 17:35

Heat: 9/9 Lane : 1 Athlete: WALTNIEL NAND — **Q-time: 00:30:70**

PB (25m pool): 00:30.70 Lokeren 28/09/2025 **PB (50m pool):** 00:31.16 **SB:** 00:30.70 Lokeren 28/09/2025

	25 M	50 M	
PB		00:30.70	
		00:30.70	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 50M BUTTERFLY MEN 11+ — Heat:9, starttime: 17:35

Heat: 9/9 Lane : 4 Athlete: VIDTS BRECHT — **Q-time: 00:28:47**

PB (25m pool): 00:28.47 Lokeren 28/09/2025 **PB (50m pool):** no time **SB:** 00:28.47 Lokeren 28/09/2025

	25 M	50 M	
PB		00:28.47	
		00:28.47	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 11: 4x100M MEDLEY WOMEN 11+ — Heat:2, starttime: 17:43

Heat: 2/2 Lane : 2 Athlete: TEAM ZNA 11-13 — **Q-time: 06:05:56**

PB (25m pool): **PB (50m pool):** **SB:**

	25 M	50 M	75 M	100 M	125 M	150 M	175 M	200 M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225 M	250 M	275 M	300	325	350	375	400 M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: ZNA

Event number: 11: 4x100M MEDLEY WOMEN 11+ **Heat:2, starttime: 17:43**

Heat: 2/2 Lane : 4 Athlete: TEAM ZNA OPEN **Q-time: 05:09:56**

PB (25m pool): **PB (50m pool):** **SB:**

	25M	50M	75M	100M	125M	150M	175M	200M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	250M	275M	300	325	350	375	400M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 11: 4x100M MEDLEY WOMEN 11+ **Heat:2, starttime: 17:43**

Heat: 2/2 Lane : 5 Athlete: TEAM ZNA 14-16 **Q-time: 05:11:41**

PB (25m pool): **PB (50m pool):** **SB:**

	25M	50M	75M	100M	125M	150M	175M	200M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	250M	275M	300	325	350	375	400M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 12: 4x100M MEDLEY MEN 11+ **Heat:2, starttime: 17:57**

Heat: 2/2 Lane : 2 Athlete: TEAM ZNA 11-13 **Q-time: 05:47:47**

PB (25m pool): **PB (50m pool):** **SB:**

	25M	50M	75M	100M	125M	150M	175M	200M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	250M	275M	300	325	350	375	400M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

ROV dag5: Session: 1: COACH evaluation sheet for TEAM: ZNA

Event number: 12: 4x100M MEDLEY MEN 11+ **Heat:2, starttime: 17:57**

Heat: 2/2 Lane : 5 Athlete: TEAM ZNA 14-16 **Q-time: 04:52:08**

PB (25m pool): **PB (50m pool):** **SB:**

	25M	50M	75M	100M	125M	150M	175M	200M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

	225M	250M	275M	300	325	350	375	400M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 12: 4x100M MEDLEY MEN 11+ **Heat:2, starttime: 17:57**

Heat: 2/2 Lane : 6 Athlete: TEAM ZNA 14-16 **Q-time: 05:02:13**

PB (25m pool): **PB (50m pool):** **SB:**

	25M	50M	75M	100M	125M	150M	175M	200M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

	225M	250M	275M	300	325	350	375	400M
PB								
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback: